

▲Measure #107: Patients who have Major Depression Disorder who are Assessed for Suicide Risks

DESCRIPTION:

Percentage of patients aged 18 years and older with a new diagnosis or recurrent episode of major depressive disorder (MDD) who had a suicide risk assessment completed at each visit during the measurement period

INSTRUCTIONS:

This measure is to be reported at each visit for a new diagnosis or recurrent episode of MDD, for patients seen individually or as a group, during the reporting period. This measure may be reported by clinicians who perform the quality actions described in the measure based on the services provided and the measure-specific denominator coding. An occurrence of a new diagnosis or recurrent episode of MDD will be identified through the submission of CPT II code 3093F for an individual patient. The CPT II code for suicide risk assessment 3085F should be reported at each visit with CPT II code 3093F until remission occurs. At the time of remission, CPT II code 3092F should be reported to indicate the current occurrence of MDD has been resolved.

This measure is reported using CPT Category II codes

ICD-9 diagnosis codes, CPT E/M service codes, and patient demographics (age, gender, etc.) are used to identify patients who are included in the measure's denominator. CPT Category II code(s) are used to report the numerator of the measure.

When reporting the measure, submit the listed ICD-9 diagnosis codes, CPT E/M service codes and the appropriate CPT Category II code(s) OR the CPT Category II code with the modifier. The reporting modifier allowed for this measure is: 8P- reasons not otherwise specified. There are no allowable performance exclusions for this measure.

NUMERATOR:

Patients who had suicide risk assessment completed at each visit

***NUMERATOR NOTE:** The correct combination of numerator code(s) must be reported on the claim form in order to properly report this measure. The "correct combination" of codes may require the submission of multiple numerator codes.*

Numerator Coding:

Suicide Risk Assessed

(Two CPT II codes [3085F & 3093F] are required on the claim form to submit this category)

CPT II 3085F: Suicide risk assessed

AND

CPT II 3093F: Documentation of new diagnosis of initial or recurrent episode of major depressive disorder

OR

If patient is not eligible for this measure because MDD is in remission, report:
(One CPT II code [3092F] is required on the claim form to submit this category)

CPT II 3092F: Major depressive disorder, in remission

OR

Suicide Risk not Assessed, Reason not Specified

(Two CPT II codes [3085F-8P & 3093F] are required on the claim form to submit this category)

Append a reporting modifier (8P) to CPT Category II code 3085F to allow the reporting of circumstances when an action described in a measure's numerator is not performed and the reason is not otherwise specified.

- 3085F with 8P: Suicide risk not assessed, reason not otherwise specified

AND

CPT II 3093F: Documentation of new diagnosis of initial or recurrent episode of major depressive disorder

DENOMINATOR:

All patients aged 18 years and older with a new diagnosis or recurrent episode of MDD

Denominator Coding:

An ICD-9 diagnosis code for major depressive disorder and a CPT E/M service code are required to identify patients for denominator inclusion.

ICD-9 diagnosis codes: 296.20, 296.21, 296.22, 296.23, 296.24, 296.30, 296.31, 296.32, 296.33, 296.34

AND

CPT E/M service codes: 90801, 90802, 90804, 90805, 90806, 90807, 90808, 90809, 90810, 90811, 90812, 90813, 90814, 90815, 90845, 90862, 99201, 99202, 99203, 99204, 99205, 99212, 99213, 99214, 99215, 99241, 99242, 99243, 99244, 99245

RATIONALE:

Research has shown that patients with major depressive disorder are at a high risk for suicide, which makes this assessment an important aspect of care that should be assessed at each visit.

CLINICAL RECOMMENDATION STATEMENTS:

Successful treatment of patients with major depressive disorder is promoted by a thorough assessment of the patient. (APA; Level I Recommendation)

Psychiatric management consists of a broad array of interventions and activities that should be instituted by psychiatrists for all patients with major depressive disorder. (APA; Level I Recommendation)

The components of an evaluation for suicide risk should include:

- 1) An assessment of the presence of suicidal or homicidal ideation, intent, or plans
- 2) Access to means for suicide and the lethality of those means
- 3) Presence of psychotic symptoms, command hallucinations, or severe anxiety

- 4) Presence of alcohol or substance abuse
- 5) History of seriousness of previous attempts
- 6) Family history or recent exposure to suicide (APA)